

1. GET A BOX:

We suggest a wine box, they are free from the liquor store and are already separated into 12 parts but box will do!

2. DECORATE

We would love to see your creativity and festive spirit! Wrap it like a present, colour or draw pictures, put on some cool stickers. Tell us what you are grateful for or what your favourite holiday food is...

3. ADD FOOD

Everyday add an item into your box corresponding with the chart below.

MOST NEEDED ITEMS



1. Condensed Soup	2. Ready to Serve Soup	3. Tomatoes	4. Canned Pasta
5. Side Dishes	6. Jam	7. Syrup	8. Condiments
9. Meal Kits	10. Baking Items	11. Cookies	12. Bulk Items (Flour, Rice, Oats, Sugar)



Take a picture with your box and share it!

 @AirdrieABfoodbank



@Airdriefoodbank

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MOST NEEDED CANNED FOOD



1. Tomatoes	2. Canned Tuna	3. Canned Pasta	4. Condensed Soup
5. Ready To Serve Soup	6. Canned Vegetables	7. Canned Fruit	8. Pasta Sauce
9. Baked Beans	10. Canned Ham	11. Cranberries	12. Chickpeas



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MOST NEEDED SCHOOL SNACKS



1. Granola Bars	2. Fruit Snacks	3. Fruit Cups	4. Cheese and Crackers Packs
5. Tuna and Crackers	6. Juice Boxes (100% Fruit)	7. Pudding Cups	8. Single Serve Oatmeal
9. Goldfish (Salty Snacks)	10. Shelf Stable Milk	11. Hand Held Soup Sippers	12. Applesauce



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