## **AIRDRIE FOOD BANK - MOST NEEDED**

## Thank you for helping us help our community!

## **MOST NEEDED**

- Beans & Legumes
- Boxed Cereal (Cold and Hot)
- Canned Tomatoes, Fruit and Vegetables
- Condiments
- Dry Pasta
- Flour
- Jam & Honey
- Juice (1 Litre Boxes)
- Meat, Canned (Tuna, Chicken, Ham etc.)
- Milk, Evaporate and Powdered
- Milk Alternatives (Almond, Rice, Soy etc.)
- Oats
- Pancake Mix
- Peanut Butter
- Rice
- Side Dishes or meal kits (Rice-a-roni, Noodles, Rice etc.)
- Soup, Dried Large Packages
- Soup, Single Serve Cups
- Sugar
- Sugar free items (for diabetics Splenda, Diabetic Boost etc.)
- Syrup

